



midwest modern®  
sewing patterns

# midwest mod pillows

A collection of three modern pillow silhouettes perfect for turning your nest into a stylish retreat.

## Materials List for the Pieced Envelope Pillow

From 44" wide light to mid-weight fabric OR 54" wide heavier Home Dec fabric

- 1/4 yard of one print for the Narrow End Panel (Panel A)
- 3/8 yard of a coordinating print for the Middle Panel (Panel B)
- 3/8 yard of a second coordinating print for the Large End Panel (Panel C)
- 1/2 yard of a third coordinating print for the Back Panel
- 3/4 yard of 44" wide cotton muslin for the Pillow Form
- 2 - 12 oz. bags of Nature-fil® (This is an all natural premium fiberfill from Fairfield)
- 1 spool of coordinating all-purpose thread (we use Coats Dual Duty XP®)

### Finished Size for the Pieced Envelope Pillow:

24" wide x 16" long

## Materials List for the Zinnia Pillow

### FOR A 14" ROUND PILLOW

From 44" wide light to mid-weight fabric

- 1/2 yard of one print for the Pillow Cover
- 3/4 yard of a coordinating print for the Zinnia Petals
- 3/4 yard of heavyweight sew-in interfacing for the Zinnia Petals (we use Pellon® 50)
- 2 - 1 1/2" buttons to cover for the center of the Zinnia Flower (They usually come 2 buttons per kit)
- 1 - 14" round Pillow Form (we use Fairfield's "Soft Touch™" form)
- Carpet or upholstery thread
- 1 spool of coordinating all-purpose thread

### OR to make your own pillow form you will need:

- 1/2 yard of 44" wide cotton muslin
- 1 - 12 oz. bag of Nature-fil® (This is an all natural premium fiberfill from Fairfield)

### FOR A 24" ROUND PILLOW

From 44" wide light to mid-weight fabric

- 1 1/2 yards of one print for the Pillow Cover
- 1 1/2 yards of a coordinating print for the Zinnia Petals
- 2 yards of heavyweight sew-in interfacing for the Zinnia Petals (we use Pellon® 50)
- 1 1/2 yards of 44" wide cotton muslin for the Pillow Form (pillow forms are not available for this size)
- 3 - 12 oz. bags of Nature-fil® (This is an all natural premium fiberfill from Fairfield)
- 2 - 2 1/2" buttons to cover for the center of the Zinnia Flower (They usually come 1 button per kit)
- Carpet or upholstery thread
- 1 spool of coordinating all-purpose thread

### Finished Size for the Zinnia Pillow:

Small Zinnia Pillow: 14" round

## Materials List for the Modern Bolster Pillow

- 1 1/8 yard of 54" wide heavier Home Dec print for the Bolster
- 1 1/8 yard of 44" wide cotton muslin for the Pillow Form
- 22" or 24" coordinating polyester zipper
- 3 - 12 oz. bags of Nature-fil® (This is an all natural premium fiberfill from Fairfield)
- 1 spool of coordinating all-purpose thread

### Finished Size for the Modern Bolster Pillow:

38" wide x 11" high x 4" deep

### TOOLS NEEDED:

- Iron / Ironing board
- Yardstick / Ruler
- Seam ripper
- 3" doll maker's needle or another long hand-sewing needle / Hand sewing needle
- Turning tool (such as a closed pair of scissors or, the closed end of a ballpoint pen)
- Freezer paper or other large paper for making a pattern piece
- Poster board or lightweight cardboard for making pattern templates
- Large compass or a pencil, a straight pin and string to make your own compass
- Chalk pencil or fabric marker
- Scissors
- Straight pins
- Masking tape

### SEWING PATTERN INCLUDES:

Instructions and measurements for all 3 pillow styles and pattern pieces for the "Zinnia" pillow.



Pieced Envelope Pillow



Zinnia Pillow



Modern Bolster Pillow



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